

HER FEARLESS HUSTLE

THE PODCAST

Her Fearless Hustle the Podcast covers real stories of women who are making an impact and influencing the positive progression of women across the globe.

Its a non-judgmental space for guests to share their story and experience with self-sabotage.

I interview entrepreneurial and professional women, who are making an impact and influencing the positive progression of women across the globe. The general contents of the interviews examine how they handled rejection, fears, sabotaging thought patterns and behavior patterns (even those that may not have struggled with the mindset piece - hearing different perspective is very valuable); the effects of social conditioning they may have experienced along their journey; and solutions to remedy and break up habitual patterns that are stalling us on our journey.

Women are incredible. My goal is to empower more of us to get out there, stop hiding behind the scenes and create a deeper impact in the world with our unique gifts. This series is specifically designed for entrepreneurial and professional women who are feeling like there is more out there for them in their lives and their careers but are being held up by self-sabotage. They crave relatable stories to help shed the light and motivate them to just "start".

How interviews help?

The intention of the show is to present real, inspiring stories and expert advice from women who have walked in their shoes and really "get" them. By sharing their expertise and story honestly, my guests bring a voice to the issues my audience is facing and also act as an inspiration for others.

The aim is to break down the walls of imposter syndrome, self-sabotage, and what society has conditioned us to believe about our gender roles and the shame that we may feel when we continue to stand in our own way. Through coming together - we learn in a deeper way and ultimately create an impact of our own.

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